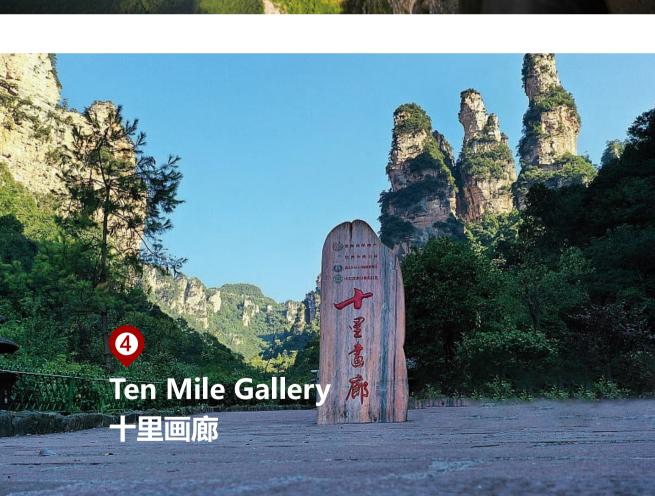


# Zhangjiaje

Brief	. 03
Sights	. 03
Eating	. 07
Notes	. 09
Maps	10







3

大峡谷

Grand Canyon

\_\_\_\_\_ 01

2

天门山

**Tianmen Mountain** 













The trip to Zhangjiajie is full of surprises. You can see the beautiful peaks and waters in Zhangjiajie National Forest Park, climb Tianmen Mountain National Forest Park to experience the thrills, cross the Zhangjiajie Grand Canyon Glass Bridge to challenge your courage, visit the Ten-mile Gallery to enjoy the poetic scenery, take the Bailong Elevator to feel the magic, and there are also Tujia Folk Culture Park, Baofeng Lake, and Huanglong Cave. Every place is wonderful and makes people linger.

## Why Go Here

- Strange Peaks and Rocks Tour
- Glass Bridge Challenge Tour
- Folk culture experience tour
- Landscape boat tour
- Historical and cultural exploration tour

## **Basic info**

Time zone: CST (UTC+8) Area code: +86/0851 Postal code: 550000 Language: Mandarin Currency: RMB, called "Yuan", "Jiao", "Mao", 10 Jiao = 1 Yuan Plug: 🗤 💷 Voltage: 220V Frequency: 50 Hz Currency conversion: RMB: ¥ US dollars: 1 USD = 7.2559 RMB 1 RMB = 0.1378 USD



Police: 110 Medical Care: 120 **Traffic Accident: 122** Fire Emergency: 119



**O** National Forest Park 国家森林公园



Zhangjiajie National Forest Park is located in Wulingyuan District, Zhangjiajie City, Hunan Province. It is the first national forest park in my country and is famous for its unique "Zhangjiajie landform". 3,000 strange peaks rise from the ground in various shapes and forms, and 800 beautiful rivers flow, which is smart and beautiful.

#### Address

03

Wulingyuan District, Zhangjiajie City, Hunan Province 湖南省张家界市武陵源区 **Recommended play time: 9 - 12 days** 

#### **Opening Hours**

07:00-17:00 (January 1st - December 31st, Monday to Sunday)

#### **Transportation**

• Bus: The bus station is located in the downtown area of Zhangjiajie, at the intersection of Huilong Road and Renmin Road. There are many buses going directly to the National Forest Park every day. The journey is about 32km and it takes about 40 minutes to arrive.

• Taxi: You can take a taxi directly to the scenic spot from the airport or the railway station.

② Tianmen Mountain



Zhangjiajie Tianmen Mountain is majestic and unique, with the Tianmen Cave piercing through the clouds and mist, like a gateway to the fairyland. The glass plank road is thrilling, and the winding mountain road is like a giant dragon, showing the uncanny workmanship of nature.

#### **Address**

Tianmen Road, Yongding District, Zhangjiajie City, Hunan Province 湖南省张家界市永定区天 门路

#### **Recommended play time: 3 days**

#### **Opening Hours**

07:00-18:00 (January 1st - December 31st, Monday to Sunday)

### **Transportation**

• After purchasing tickets at the City Garden Cableway Station in the center of Zhangjiajie City, taking the Tianmen Mountain Cableway up the mountain is the most convenient and special way to visit Tianmen Mountain.

## **Grand Canyon** 大峡谷



The canyon here is deep, with towering cliffs on both sides and gurgling streams at the bottom of the valley. There are many waterfalls and springs along the way, such as the majestic Tianhe Waterfall. There are not only attractions such as the Tiantian Ladder Plank Road, which are thrilling and exciting, but also the world-famous glass bridge "Yuntiandu", which spans the canyon and allows you to enjoy the beautiful scenery.

#### Address

官寺乡

04

Sanguansi Township, Cili County, Zhangjiajie City, Hunan Province 湖南省张家界市慈利县三

## **Recommended play time: 4 hours**

**4** Ten Mile Gallery

**Opening Hours** 07:30-16:30 (January 1-December 31, Monday-Sunday)



Shilihualang Valley is about five kilometers long, with lush trees and fragrant wild flowers on both sides. There are various shapes of strange peaks and rocks, and the stone scenes such as "Old Man Collecting Herbs", "Longevity Star Welcoming Guests" and "Tiger Roaring to the Sky" are lifelike, like people, objects, birds and beasts.

#### **Address**

Ten-mile Gallery, Wulingyuan District, Zhangjiajie City, Hunan Province 湖南省张家界市武陵 源区十里画廊

#### **Recommended play time: 3 hours**

#### **Opening Hours**

07:00-18:00 (January 1st - December 31st, Monday to Sunday)

#### **Transportation**

• Located in Zhangjiajie National Forest Park, within walking distance.

**(**) ailong Elevator 百龙天梯



Among the peaks and ridges of Zhangjiajie, the Bailong Sky Ladder reaches the sky.

the Bailong Sky Ladder reaches the sky. This "world's highest outdoor elevator" with a vertical height difference of 335 meters carries tourists through canyons and forests at a speed of 3 meters per second in just 1 minute and 58 seconds.

#### Address

Yinyuan Villa, Jundiping, Wulingyuan District, Zhangjiajie City, Hunan Province 湖南省张家界 市武陵源区军地坪银源山庄 **Recommended play time: 3 hours** 

#### **Opening Hours**

07:30-19:00 (Monday to Sunday, January 1st to December 31st)



05

Entering the Zhangjiajie Tujia Folk Culture Park, you will be greeted by the rich Tujia charm. The wooden and stone structures are arranged in an orderly manner, and the carved beams and painted buildings show exquisite craftsmanship. The Tusi Castle is solemn and majestic, the Chongtian Tower stands tall, and the folk customs and art performances are lively.

#### **Address**

Nanzhuangping, Yongding District, Zhangjiajie City, Hunan Province 湖南省张家界市永定区 南庄坪

#### **Recommended play time: 3 hours**

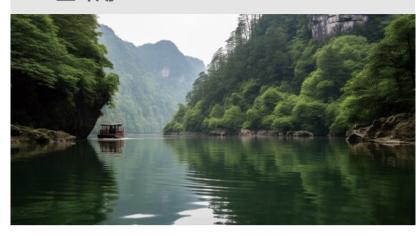
#### **Opening Hours**

08:30-17:00 (Monday to Sunday, January 1st to December 31st))

#### **Transportation**

• From downtown Zhangjiajie, take bus No. 101, 102, or 10 Inner Ring and get off at "Tujia Folk Culture Park".

## **O** Baofeng Lake 宝峰湖



Zhangjiajie Baofeng Lake is like a pearl in the mountains and is a "classic lake in the world". Surrounded by mountains, the lake is as clear as emerald green water, and the "half lake is green water and half is reflection" is as beautiful as a painting. The majestic Baofeng waterfall, the steep and unique Yingwo Village, and the singing of Tujia brothers and sisters echo, showing the beauty of nature and humanity.

#### **Address**

Baofeng Road, Wulingyuan District, Zhangjiajie City, Hunan Province 湖南省张家界市武陵源 区宝峰路

## **Recommended play time: 3 hours**

#### **Opening Hours**

07:00-17:30 (January 1st - December 31st, Monday to Sunday)

#### **Transportation**

• Take Wulingyuan No. 2 bus from downtown Zhangjiajie and get off at the terminal Baofeng Lake Ticket Station (bus station).

⑧ 黄龙洞 **Huanglong Cave** 



world.

06

Zhangjiajie Huanglong Cave is an underaround wonderland hidden in the mortal

he cave is 15 kilometers long and 140 meters high, with four layers of caves connected to each other. There are a variety of stalactites such as stalagmites, stone pillars, and stone curtains, which are like a dream under the light. Dinghai Shenzhen stands tall and straight, and the Dragon King's throne is extraordinary.

#### **Address**

Hekou Village, Suoxiyu Town, Wulingyuan District, Zhangjiajie City, Hunan Province 湖南省 张家界市武陵源区索溪峪镇河口村 **Recommended play time: 3 hours** 

#### **Opening Hours**

8:00-17:30 (all day) (November 1st - April 30th of the following year, Monday to Sunday) 08:00-18:00 (all day) (May 1st - October 31st, Monday to Sunday)

#### **Transportation**

• Take a bus from Zhangjiajie City Bus Station to Wulingyuan Bus Station, then transfer to

Wulingyuan Bus No. 1 and get off at Huanglongdong Station.

## **Eating**

Zhangjiajie cuisine is full of Tujia style and distinctive features. The signature Tujia three-pot, selected pork head, pork belly and other ingredients, with cucumbers and other vegetables, stewed over high heat, spicy and mellow, warming the body and satisfying appetite. Tujia bacon is pickled and slowly smoked with firewood, with a bright red color, salty and chewy, fat but not greasy. Rock ear stewed chicken, rare rock ear and chicken meet, the aroma of mushrooms and meat blends, the soup is delicious and nourishing. There are also refreshing sour radish and soft glutinous sugar oil cakes, every bite is the unique flavor of Zhangjiajie.

◆ Tujia Three-pot 土家三下锅 Zhangjiajie's traditional cuisine uses any three of the following as main ingredients: pork head, pork stomach, beef tendon, and crispy bones, paired with cucumbers, tomatoes and other vegetarian dishes, to make a soup-free hot pot that is spicy and refreshing.



• Tujia Bacon 土家腊肉 Zhangjiajie Tujia bacon carries the Tujia flavor. Selected Tujia wild boar meat is repeatedly kneaded and marinated with Tujia secret sauce. Then it is hung on the stove and slowly smoked with firewood. Its color is bright red and attractive, and the texture is permeated with smoke.



#### ◆ Tujia Sausage 土家香肠

Tujia sausage is a delicacy in Zhangjiajie. Fresh Tujia pork is carefully marinated with spices such as pepper and chili pepper, and stuffed into sausage casings. Slowly smoked, the rich aroma quietly seeps in. Its color is bright red and attractive, and the skin is slightly charred.



♦ Rock Ear Stewed Chicken 岩耳炖土鸡 Rock ears are collected from cliffs and free-range chickens are raised in the mountains. They are the local delicacies of Zhangjiajie. Rock ears are tender as if they have no bones when put into the pot, and the local chickens are cut into pieces, fresh and juicy.



◆ Kuang Root Powder 葛根粉

Zhangjiajie kudzu root powder originates from wild kudzu in the mountains. After fine grinding, precipitation and purification, the powder is fine and pure. After mixing with warm water, it becomes a translucent paste. It tastes silky smooth, exudes a faint kudzu fragrance, and is sweet and refreshing.



◆ Sour Radish 酸萝卜 On the streets of Zhangjiajie, pickled radish is a unique bright spot. Selected local fresh radishes are washed and cut into pieces, and then put into a clay pot filled with special sour water. Sour water is the soul, blending chili peppers, peppercorns, rock sugar and several spices, and fermented over time. The pickled sour radish is bright in color, either white or pink. Take a bite, and the "crunch" sound is crisp, and the sour and spicy bursts in your mouth instantly, which is refreshing and spicy. Sour radish can be used as a snack to satisfy your cravings, and can also add flavor to dishes. It carries the daily life of Zhangjiajie people on the tip of their tongues.

08



#### ◆ Blood tofu 血豆腐

Blood tofu is a specialty of Zhangjiajie. It is a combination of pig blood, tofu, pork, Sichuan pepper and chili pepper, and is smoked. It is tough on the outside and soft on the inside, with a strong bacon aroma, and is chewy and delicious. It is a good choice for Tujia wine accompaniment.





## Hospital

• Zhangjiajie People's Hospital 张家界市人民医院

Address: Guyong Road Campus is located at No. 192 Guyong Road, Yongding District, Zhangjiajie City, Hunan Province; Shadi Campus is located at Juping Road, Shadi Street Office, Yongding District, Zhangjiajie City, Hunan Province; East Campus is located at Yongchang Road, Yongding District, Zhangjiajie City, Hunan Province Tel: 0851 - 86855119 Website: https://www.zjjsrmyy.com.cn/ Opening hours: 24 hours

• Zhangjiajie Traditional Chinese Medicine Hospital 张家界市中医医院 Address: o. 33 Huilong Road, Yongding District, Zhangjiajie City Tel: 0851 - 85922979 Opening hours: 24 hours

张家界大众医院 trict, Zhangjiajie City Tel: 0744-8885222. Opening hours: 24 hours



• Zhangjiajie Dazhong Hospita

Address: No. 23 Ziwu Road, Yongding Dis-

# **Contact Us**

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# **Zhangjiajie Attractions Map**

G207



WUFENG TUJIA AUTONOMOUS COUNTY

五峰土家族 自治县

**G351** 

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